NHS England

ENHANCED
SUPPORTIVE CARE

Better access to expertise
in managing the adverse effects of cancer

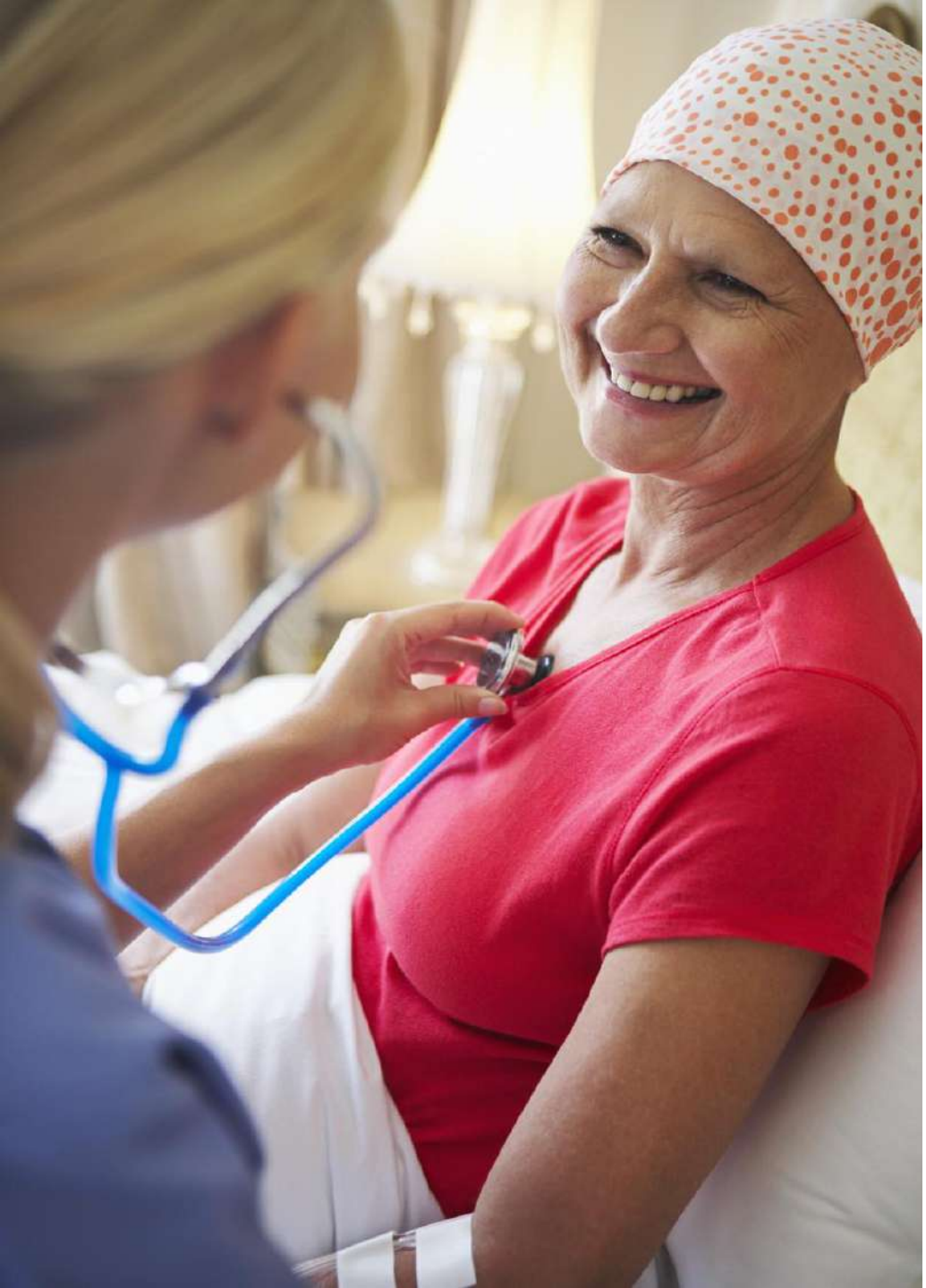
4801
4135
Great Pink Run
The landscape
of cancer
is changing

More and more
people
are living longer
with cancer

The need to change

- *Looking after patients who are end of life*

- Helping patients through their cancer treatment
- Managing chronic cancer pain and symptoms
- Looking after survivors



A different approach

Positive

Proactive

Curative and palliative

We rebranded to ‘supportive care’

- Easier for oncologists to refer [early]
- *Removes barriers and association with EOLC*
- *More ‘hopeful’ and positive image*
- Supportive Versus Palliative Care: What’s in a Name? A Survey of Medical Oncologists and Midlevel Providers at a Comprehensive Cancer Center *Nada Fadul, MD, Ahmed Elsayem, MD, J. Lynn Palmer, PhD, Egidio Del Fabbro, MD, Kay Swint, Zhijun Li, MS, Valerie Poulter, BSN, OCN, and Eduardo Bruera, MD*

Become the ‘go to’ team for problems related to cancer & cancer treatment

ESC principles

- The right treatments for managing pain and symptoms, including management of the adverse effects of cancer treatments, must be provided promptly
- Supportive care treatments should be appropriate to the stage of cancer, and, where possible (during anti-cancer treatment or clinical trials), the care should be more joined up with the oncology team
- Keep side effects of supportive care treatments to a minimum – especially regarding the use and doses of opioid medication
- *[High dose opioid therapy can be ineffective and be associated with adverse outcomes in chronic cancer pain]*

ENHANCED SUPPORTIVE CARE PILOT 2012-2015
Breast
Skin/melanoma
Hepato-biliary
Upper GI
Better access to supportive care

CHRISTIE

Enhanced Supportive Care

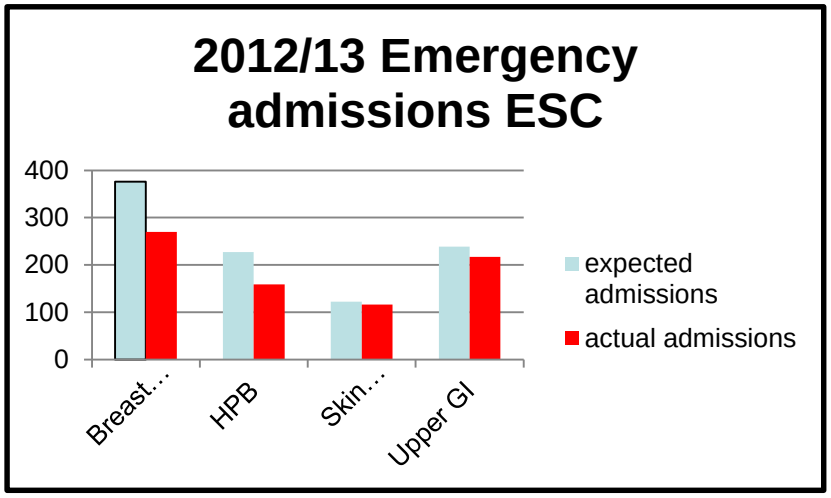
impact on emergency admissions

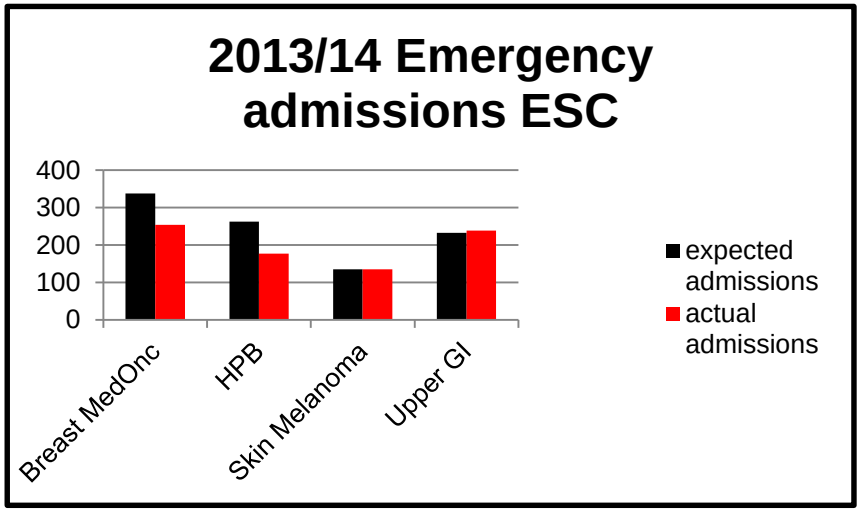
Data from The Christie NHS Foundation Trust

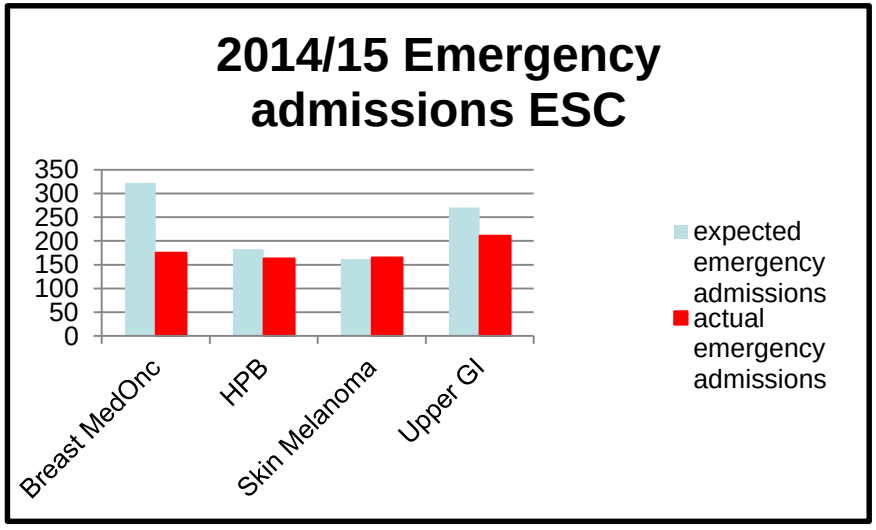
2012 - 2015

The Christie NHS
NHS Foundation Trust

Pattern of reduction in emergency admissions across 3 years of ESC in disease groups within the scheme

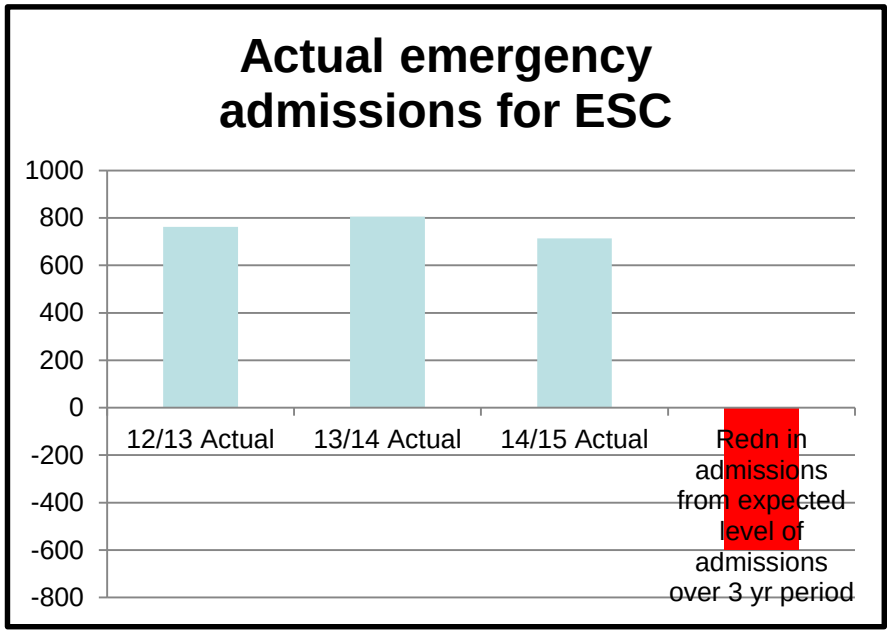






Impact of ESC

Reduction in actual emergency admissions in ESC disease groups compared with expected admissions across 3 years



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NHS Foundation Trust

Department of Health

The Christie NHS
NHS Foundation Trust

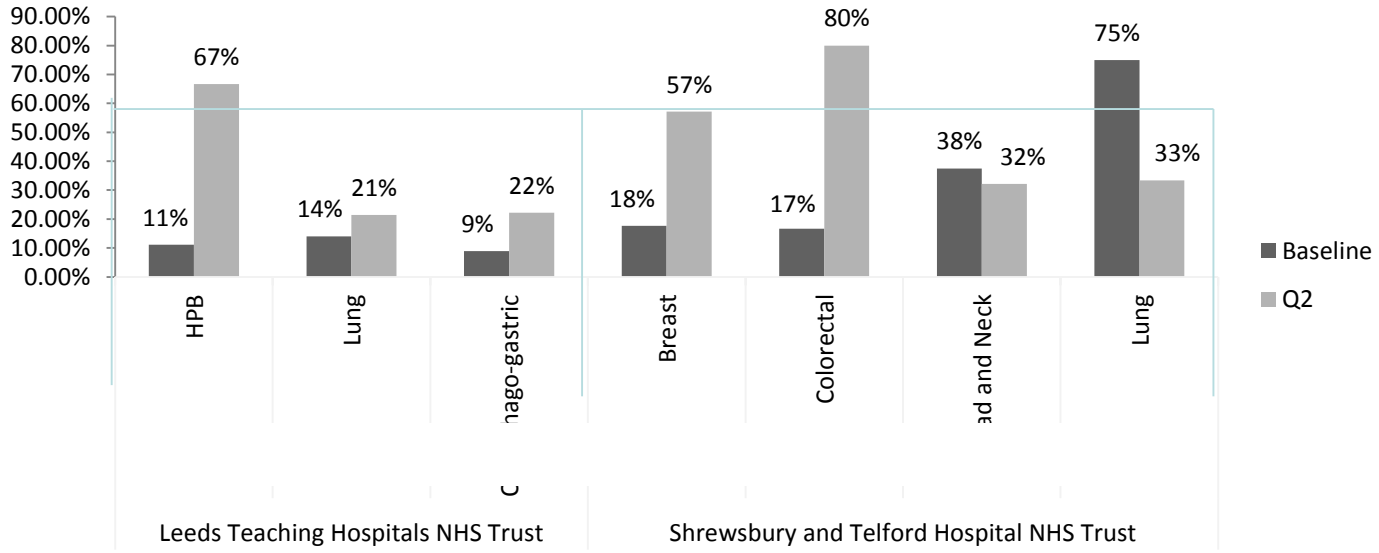
The Christie NHS
NHS Foundation Trust

Data from the national cquin:

From the point of diagnosis of incurable disease

% of Patients in Disease Group offered referral to a supportive care team at point of diagnosis of incurable disease

Percentage of Referrals by Cancer Site and Provider



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NHS Foundation Trust

Definition of
Enhanced supportive care

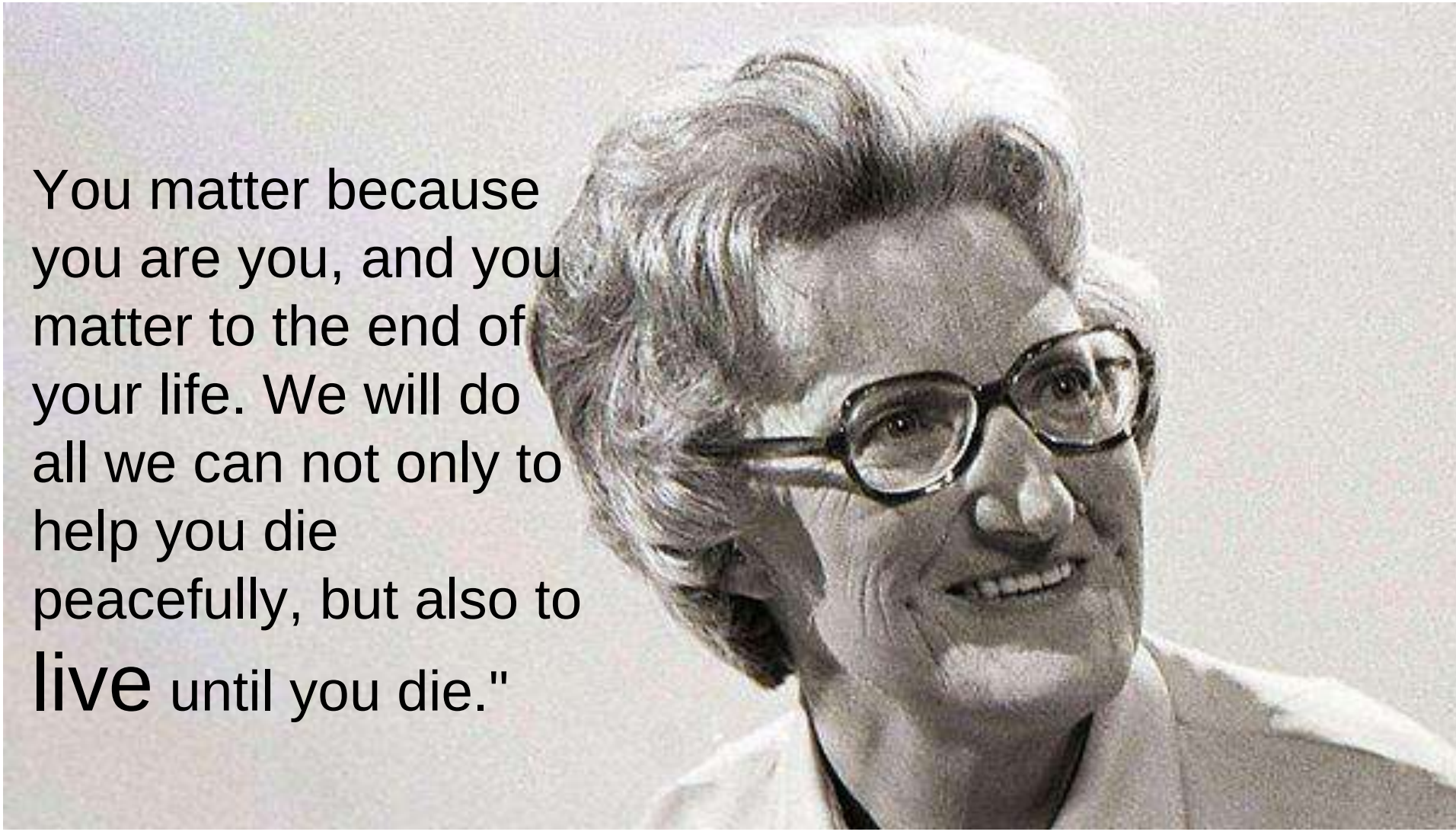
- Not palliative care
- Not ‘early’ palliative care
- ***ESC is a UK initiative that promotes better access to supportive care in cancer***
  - Management of symptoms in chronic cancer
  - Adverse effects of cancer treatments
  - Survivorship

BLOCKBUSTER
STORE CLOSING

KODAK

WOOLWORTHS
3 FOR 2
3 FOR 2

PAN AM



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What’s happening now with ESC?

“Any problem relating to cancer or cancer treatment; any disease”

Pilot ESC clinic
January 2017

SUPPORTIVE CARE TEAM

OAU ACUTE ONCOLOGY TEAM

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NHS Foundation Trust

Enhanced Supportive Care Clinic (ESC)

Patient Cohorts

PROCESS

- Patients can be referred at ANY point along the cancer pathway, including:
- During anti-cancer treatment (curative or palliative)
- Following anti-cancer treatment – survivors, or those with advancing disease

•Acute oncology –
•ambulatory treatments and procedures

- Fever (*on a per patient basis)
- Nausea / Vomiting
- Oral / stomatitis
- Diarrhoea / Constipation
- Infection
- Palmer – planter syndrome
- Fatigue
- Anorexia
- Dyspnoea / shortness of breath
- Rash
- Neurosensory / motor
- Bleeding
- Pain
- Bruising
- Extravasation
- Urinary symptoms

•Specialist supportive care –
•ambulatory treatments and procedures

- Assessment and management of complex pain relating to cancer or cancer treatment
- Specialist ambulatory treatment of the symptoms of cancer or cancer treatments
- Provision for the administration of daily iv steroids in an ambulatory setting
- Setting up and monitoring of syringe drivers in an ambulatory setting
- Rapid access to interventional pain management service
- Initiation of complex medicines for pain or symptom control which are not easily accessible in the community (e.g. Ketamine)
- Rapid symptom control - to treat patients as a day case preventing the need for admission

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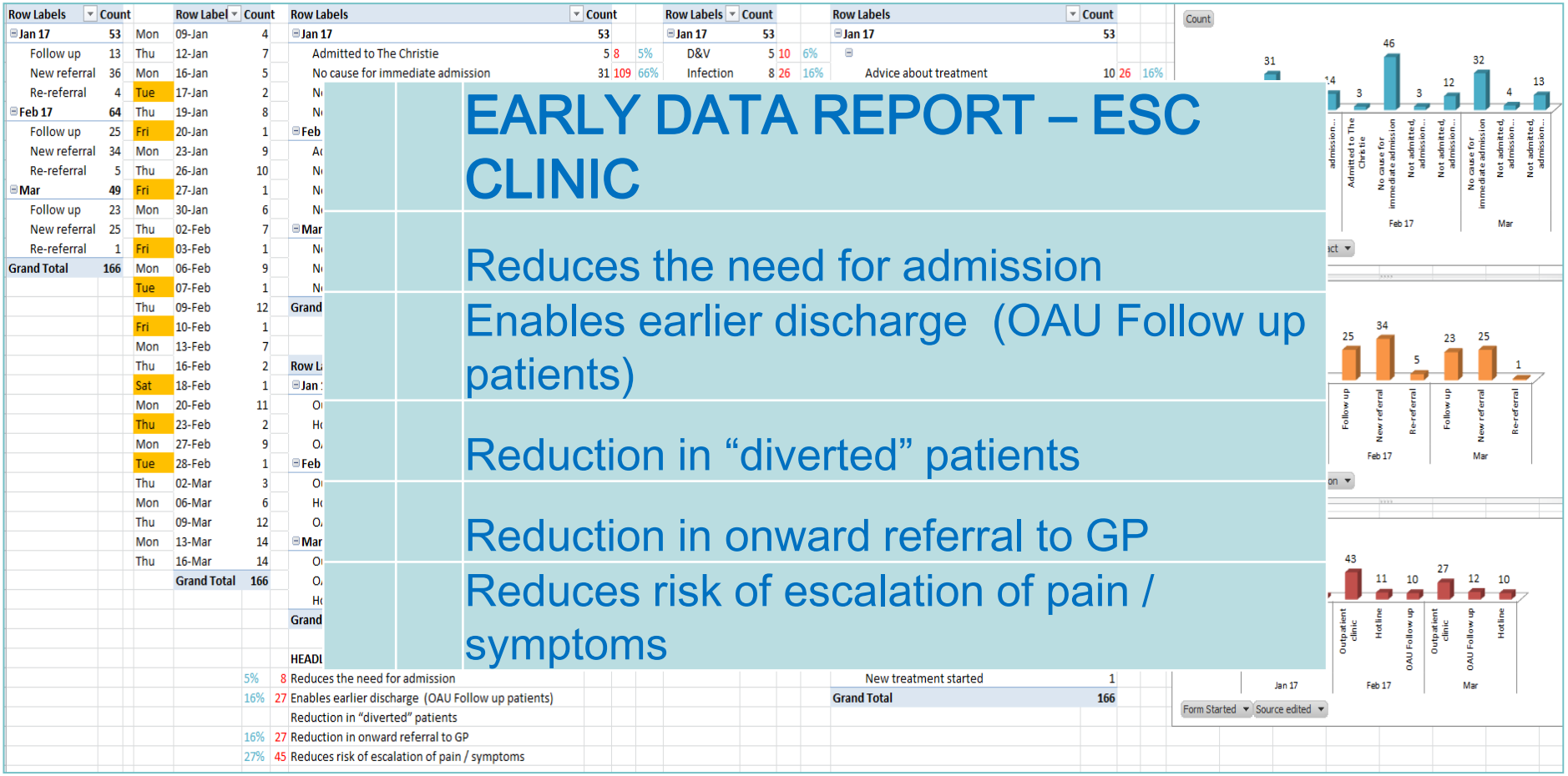
Data from ESC clinic pilot

The Christie NHS foundation Trust



EARLY DATA REPORT – ESC CLINIC

Reduces the need for admission

Enables earlier discharge (OAU Follow up patients)

Reduction in "diverted" patients

Reduction in onward referral to GP

Reduces risk of escalation of pain / symptoms

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Does it really work?
Robust evaluation of ESC

- Data from the Christie ESC clinic pilot
- Data from the national cquin pilot
- National research programme (planning stage)
  - Comparative study
  - Leeds / Manchester / Nottingham

We are leading the way internationally…

QiC Oncology
Quality in Care Programme 2017

The Christie NHS
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National Acute Oncology Conference 2017

WE ARE MACMILLAN.
CANCER SUPPORT

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breast cancer now

The BRAIN TUMOUR CHARITY

Mouth Cancer FOUNDATION
www.mouthcancerfoundation.org

GO Girls Support Group

BECOMING BLOODWISE

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NHS Foundation Trust

Dr RICHARD BERMAN
Consultant in palliative care
08:14
BBC BREAKFAST
SONY

MASCC™

Multinational Association of Supportive Care in Cancer

Supportive Care Makes Excellent Cancer Care Possible

The Christie NHS
NHS Foundation Trust

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