Association for Palliative Medicine Position Statement

APM position on Withdrawal of Ventilatory Support for Respiratory Failure at the Request of an Adult Patient

This statement intends to clarify the legal and ethical position for the care of patients in the UK who request that their ventilatory support be withdrawn; it also considers some appropriate aspects of clinical care.

1. The Association for Palliative Medicine is an organisation of over 1000 specialist doctors working in hospices, hospitals and the community.

2. A patient shown to have capacity can decline any potentially life-prolonging or medical treatment.

3. In law a refusal of a medical treatment by a patient who has capacity for that decision must be respected and complied with. To continue medical treatments that the patient does not want is to give treatment without consent and legally constitutes a battery.

4. Ventilation, whether invasive and delivered through a tracheostomy, or non-invasive and delivered by a mask or other equipment, is a medical treatment.

5. A patient with capacity to make such a decision may either refuse ventilation or ask that it be withdrawn, either at the time or by an advance decision to refuse treatment (ADRT).

6. Withdrawing a medical treatment that the patient no longer wants, such as ventilation, even if life is shortened thereby, is not assisted suicide or euthanasia because the intention is not to end life.

7. A patient dies under such circumstances from the consequences of overwhelming disease.

8. Patients and clinicians should openly discuss their thoughts and concerns about ventilation and quality of life. These discussions involving the patients, their family and the multidisciplinary team should begin before ventilation starts and continue through the illness.

9. Discussion of factors leading to the decision to stop ventilation should be open and thorough, seeking to identify any potential for alternative decisions and to minimise the impact of such a decision on family members.

10. Assessment of capacity to make the decision to stop ventilatory support is mandatory.

11. The clinical conditions where ventilation is appropriate are also conditions where patients often cannot physically withdraw ventilation themselves and so it will need to withdrawn by others, such as the medical team responsible.

12. Withdrawing ventilation may lead to distressing symptoms that require anticipatory and timely treatment with appropriate doses of medications such as sedatives and opioids targeted at relieving these symptoms. As with all good practice in palliative care, the intent is solely to ameliorate symptoms.

13. This area of care is challenging and requires excellence in multidisciplinary working and clinical leadership. Specialist input from palliative care and support for members of the team is likely to be important.
14. The GMC guidance *Treatment And Care Towards The End Of Life: Good Practice In Decision Making* (2010) provides more detail including how to conduct this decision making in the context of conflict, disagreement and questions with respect to mental capacity and in particular the value of gaining a second opinion in these cases.

**The following guidance is available:**


**The statement draws on the following literature:**


NICE Clinical Guideline 105: Motor Neurone Disease; the use of non-invasive ventilation in the management of motor neurone disease. NICE July 2010


*July 2013*

*(Review date: July 2016)*