

# Experiences of loved ones' end of life care in acute hospital settings: a narrative analysis

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IMPERIAL

# Background

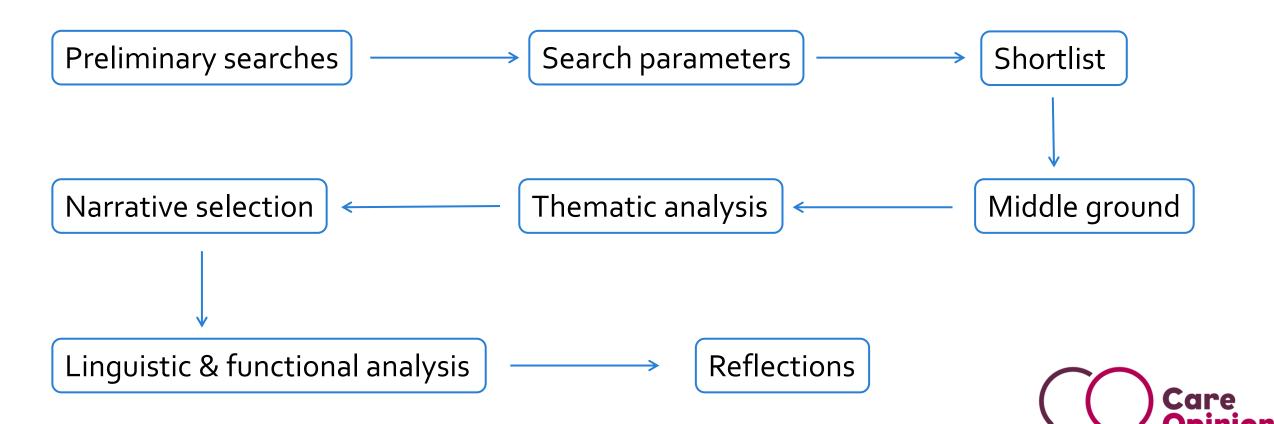
Life's transience is inherent to humanity, and its end is often observed in hospitals; distanced from day-to-day existence, familiar to medical professionals and poignant for dying patients and their families.

• At the end of life, only the experiences of others present can be recounted

Aim: to examine aspects of end-of-life care in acute settings influencing loved ones' experiences

- Narratives: depictions of lived experience
- The medical gaze & patient experience

# Methods



What's your story?

# Selected narratives

- 1. Care of a dying relative
  - ~ We knew she was dying but no one would commit~
    - 2. A Good Death?
      - ~ ...generosity of kindness, care and compassion... ~
- 3. Variable care depending on the ward and day of the week
  - ~ ...the convenience of the ward consultants, not the wellbeing of the patient... ~



# Findings

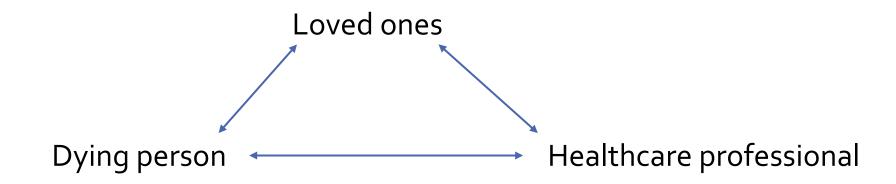
- 1. Roles
- Asserting voice as narrator while situating dying loved one at plot's centre
- Strong sense of personal connection
- Presence duty, value & advocacy

- 3. Medical perspectives of death
- Trust in medical perspective
- Professional vulnerability
- Acknowledgement of roles

- 2. Vulnerability
- Passive & distanced language
- Hospital spaces
- Functions of narratives meaning-making, reclaiming experience

- 4. Influences of experience
- Presence & trust in clinicians' attentiveness
- Kindness, compassion, honesty
- Professional courage & vulnerability

# Triad of care



# Reflections

- As a 4<sup>th</sup> year medical student
  - Interpretation
  - Constraints
  - Medical gaze
  - Humanity
- As a doctor
  - Constraints
  - Medical gaze & humanity

# Future directions

### Medical education

- Narratives in medical education
- Empathy & self-awareness
- Unique shared understandings & new perspectives

### Research:

- Effects of Covid
- Different spaces



# Thank you for listening

Any questions?

## IMPERIAL

### References

### **Narratives**

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### Presentation

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What's your story?