

# APM Juniors Committee



Chair

*Philippa McFarlane*

*@Pgmcfarlane*

I am a junior doctor in London, currently doing a part time MSc in Palliative Care at the Cicely Saunders Institute. My keen interest in palliative care developed during medical school and my experiences include at the Princess Alice Hospice, The Royal Marsden Hospital and Trinity Hospice.

The junior APM members are the future of the specialty and I look forward to supporting pre-specialty doctors through this challenging and dynamic time. The juniors committee and I aim to develop the community of those interested in palliative care but not yet in specialty training, highlighting events and opportunities. Please do get in touch directly if you have any suggestions and thoughts about what you would like the association and the juniors committee to offer.



Careers & Mentorship Co-ordinator

*Isobel Morton*

*@dr\_discobel*

Hello! My name is Isobel and I am an Internal Medicine Trainee (IMT) currently working at St Joseph's Hospice in East London. I am really thrilled to have been elected as the Careers and Mentorship Co-ordinator of the APM Juniors Committee, and look forward to working with other members of the APM (both Junior and beyond!), to help support those interested in the field of Palliative Medicine.



## Secretary

*Nikhil Dhir*



My name's Nikhil. I'm a Foundation Doctor in the North East. Outside of medicine, I really enjoy staying active, cooking and my guilty pleasure is reality TV.

I'm secretary for the APM Juniors committee and the Juniors' representative on the APM Ethics Committee too. If anyone has any questions about the work I do or how to get involved, feel free to contact me!



## Education Co-ordinator

*Angus Grant*

My name's Angus and I'm a final year medical student at the University of Birmingham. I am excited to bring my experience as event organiser for my university's palliative medicine society to this new role, and help engage more medical students with the APM's learning opportunities.

In my free time I enjoy running and ran my first marathon last year to raise money for my local hospice.



Research Co-ordinator

Ruth Porther

@RPorther



I am currently working in South Wales and hoping to apply for a specialty training post in Palliative Medicine in the next few years.

I have a budding interest in theology, philosophy and anthropology and generally enjoy learning about being human through any of these lenses. I have been very involved with Quality Improvement initiatives locally and hope to continue this in future. Otherwise, I very much enjoy cooking, baking and dogs.



Communications Co-ordinator

Jen Hancox

@JenHancox1

I am a Palliative Care Registrar in Birmingham, with experience working in the UK and Adelaide, Australia post-FY3! Outside of medicine, I enjoy acting, music and travelling.

I run the @APMJuniors Twitter & Facebook pages & help manage our section of the website. I'm always keen to encourage involvement and discussion and would love to hear from you if you have ideas / questions!

*Look out for upcoming APMJ committee vacancies:*

*Twitter: @APMJuniors  
Facebook: APM Juniors  
Website: <https://apmonline.org/>*