



## Undergraduate Palliative Medicine Essay Prize 2025 – Rules of Entry

*‘With the UK contemplating Assisted Dying legislation, and an increasing tendency to treat what may once have been felt to be irreversible, is there still a role for ‘allowing natural death?’*

### Rules of Entry

**Closing date: 29 November 2025**

1. The competition is open to all UK and Ireland medical undergraduates who are students as of the closing date.
2. Joint entries will not be accepted.
3. AI is not to be used, everything should be the submitters own work and referenced appropriately.
4. Entries should be double-spaced and no more than 2,000 words, excluding references which must be listed using the Vancouver system. There is no limit on the number of references. Both evidence-based and descriptive references are acceptable but if available, weighting will be given to the use of evidence-based references.
5. Entries can include a maximum of 2 figures. The captions will not count towards the overall word count.
6. The entries will be considered anonymously, so entrants must ensure that their name does not appear on the essay. The application form will not be sent to the judges. The identity of the entrants will only be disclosed to the judges after they have considered the essays.
7. An electronic version of the application form and essay (two separate documents please) must be received at the APM Secretariat by **29 November 2025**.
8. Essays will be competitively judged by a panel of judges organised by the APM Trainees Committee. Individual committee members who have a conflict of interest will withdraw from judging the competition this year.
9. The first prize will be a cheque for £250. The second prize will be a cheque for £100. As well as the cash prize, the winner will be invited to be present their paper at the PCC 2026. In the event of a tie, the cash prize/s will be split equally. The winners will be notified no later than **1 February 2026**.